

**ADHS/DBHS Policy Attachment 404.1**  
**Peer Support/Recovery Support Training Requirements**  
**Suggested Curriculum Development References.**

- Brown, C. & Donohue, M. (2001). *Recovery and wellness: Models of hope and empowerment for people with mental illness*. New York: Haworth Press.
- Cohen, B. (2008). *Narratives of mental health: New perspectives on illness and recovery*. New York: Palgrave Macmillan.
- Corrigan, P., Mueser, K., Bond, G., Drake, R., Solomon, P. (2008). *Principles and practice of psychiatric rehabilitation*. New York: Guilford Press.
- Hutchinson, D., Anthony, W., Ashcraft, L., Johnson, E., Dunn, E., Lyass, A., & Rogers, S. (2006). The personal and vocational impact of training and employing people With psychiatric disabilities as providers. *Psychiatric Rehabilitation Journal*. 29 (3).
- Mead, S. & Hilton, D. (2003). Crisis and connection. *Psychiatric Rehabilitation Journal*. 27 (1).
- Platek, B. (2008). Through a glass darkly: Miriam Greenspan on moving from grief to gratitude. *The Sun Magazine*. 385. Retrieved from:  
[http://www.thesunmagazine.org/issues/385/through\\_a\\_glass\\_darkly](http://www.thesunmagazine.org/issues/385/through_a_glass_darkly)
- Spaniol, L., Gagne, C., Koehler, M. (1997). *Psychological and social aspects of psychiatric disability*. Massachusetts: Trustees of Boston University.
- Tartakovsky, M. (2012). How Clinicians Practice Self-Care & 9 Tips for Readers. *Psych Central*. <http://psychcentral.com/lib/how-clinicians-practice-self-care-9-tips-for-readers/00011200>

**Websites and Additional Resources:**

- [www.samhsa.gov/recovery](http://www.samhsa.gov/recovery)
- [www.nasmhpd.org/index.aspx](http://www.nasmhpd.org/index.aspx)
- [www.asam.org](http://www.asam.org)
- [www.apa.org/topics/trauma](http://www.apa.org/topics/trauma)
- [www.self-determination.com](http://www.self-determination.com)
- [www.uspra.org/knowledge-center](http://www.uspra.org/knowledge-center)
- [www.sidran.org](http://www.sidran.org)
- [www.power2u.org](http://www.power2u.org)
- [www.bazelon.org](http://www.bazelon.org)
- [www.ThinkCulturalHealth.hhs.gov](http://www.ThinkCulturalHealth.hhs.gov)
- [www.eiconsortium.org](http://www.eiconsortium.org)
- [www.hhs.gov/ocr/privacy](http://www.hhs.gov/ocr/privacy)
- [What I Wish I Had Known: Burnout and Self-Care in Our Social Work Profession  
http://www.counselingoutfitters.com/vistas/vistas12/Article\\_24.pdf](http://www.counselingoutfitters.com/vistas/vistas12/Article_24.pdf)